

Matters

An occasional newsletter for Shareholders of Mutual 1 in Leisure World, Seal Beach, CA

You've heard that decree regarding homeland security and general law enforcement, it also applies to conditions around our grounds. If you see something is amiss, please report it either to the Helpline, Security, Service Maintenance, or a Director.

For instance, if a sprinkler is malfunctioning or water is for some unknown reason bubbling on the walk, do notify a Director, call the Helpline, or if after hours and weekends, Security.

If you see someone dump items near the trash bins, call Security, a Director, or the Helpline. You might want to let the individual know they are not to leave large items at the dumpsters but to take them to the Mini Farm area where there are large roll-off containers.

If you notice that someone's door is ajar, or strangers are in the area and trying to gain entry to a unit, or if you hear a neighbor's call for help but the door is locked, call Security.

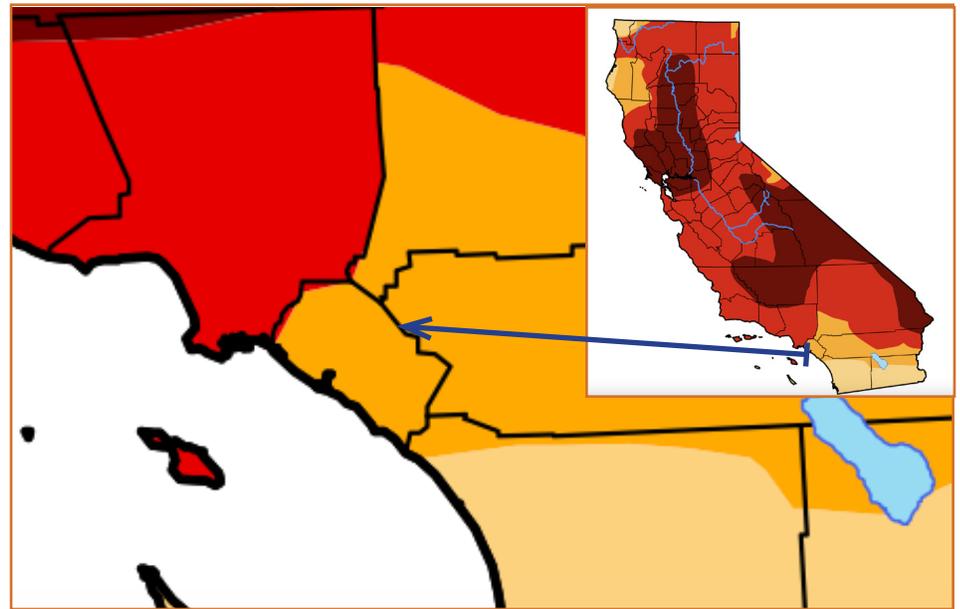
If work crews are doing construction, maintenance work, or installations at other than normal working hours (8 am to 5 pm Monday through Friday) or if you see a vehicle do damage to another vehicle, please call Security.

These are all examples of situations that are not normal and need to be investigated. Your eyes and ears will make Mutual One safer for everyone.

**Helpline: (562) 804-8718
for non-emergency issues.**

**Service Maintenance:
(562) 431-3548
for emergency repairs, water
overflowing and backing in a
drain or toilet malfunction.**

**Security: (562) 594-4754
for situations that are unusual
or after-hour water emergencies.**



Orange County is currently 100 percent in Severe Drought Condition, the map above shows that most of California is in Extreme Drought and about 30 percent of the state in Exceptional Drought conditions. According to the State Agricultural Department this is the worst drought in 127 years!

Extreme Drought Conditions are imminent

California is now 100 percent in drought conditions. Orange County as designated in the map above is in D2 Level: Severe Drought, Los Angeles County just yards away from us is designated 100 percent in Extreme Drought. The areas on the above map with the deep maroon color are considered in D4 Level, Exceptional Drought. It is important that we all do our very best to conserve water.

In Seal Beach, Leisure World Mutuals, their contracted landscapers, as well as landscapers for GRF trust property must comply with the established watering schedule that was put in place during the last Severe Drought. The watering conservation schedule is set by odd or even numbered Mutual's designation and is limited to two nights per week.

A city of Seal Beach Inspector will be conducting spot inspections in our community to ensure compliance with water conservation. Please **do not water the grass in front of your unit** as the City may fine folks who are not observing the water regulations.

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Drought Restrictions

In an effort to be proactive, GRF will be inspecting Mutual areas for water waste issues and report them to your Directors, who will in turn coordinate with the Mutual Inspector and members for corrections.

- Overflow of water onto the sidewalks and into the gutter is prohibited.
- Please do not wash down porches, patios, and sidewalks
- Please do not water outdoor landscapes that cause excess runoff
- Please do not use leaky hoses, use hoses equipped with a shut-off nozzle.

WATER SAVING TIPS:

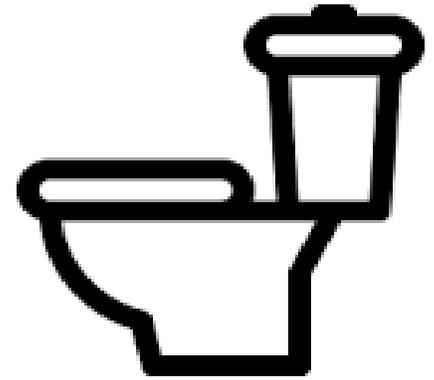
There are a few simple things you can do within your home to ease the burden on our local water supply and save money in the process.

1. Turn off the faucet while brushing your teeth.
2. Take shorter showers, turn off water while soaping up. Consider keeping a bucket in the shower to collect that first bit of water while you adjust the temperature, use that water to irrigate your garden plants.
3. Use a low flow shower head and faucet aerators.
4. Only run the washing machine and dishwasher when you have a full load.
5. When hand washing dishes, use one side with a dishpan for the wash and the other side with another dishpan for rinse, when done use that water to irrigate your garden plants, or to run your garbage disposal. Do not run water continuously while washing dishes.
6. Avoid the garbage disposal. It uses a lot of unnecessary water, start a compost pile instead!
7. Keep a container of water in the refrigerator for cold drinks. If you have to run your tap while waiting for cold water, collect running water in pitcher for later use, it will be ideal for your coffee maker.
8. Don't over water your gardens, do not flood the water beds. This just wastes water. Avoid watering mid-day when the sun is hot.
9. Use a broom instead of a hose when cleaning off your porch, patio, or sidewalk.
10. Call the Hotline to report any leaks; call the Hotline if your toilet is "running" or if your faucets are dripping.
11. Share your knowledge about saving water through conservation and efficiency with your neighbors.

These water saving measures can have a big impact on water demand in our Mutual and in Leisure World.

Did you know?

Thirty to 60% of domestic drinking water is used to water yards and gardens, and often large portions are wasted by over-watering, evaporation, and mis-directed sprinklers that water sidewalks and driveways. The Mutual will be decreasing its use of water, by eliminating one day of sprinkling. The grass may yellow, but it will recover. Let's all do our part in reducing water consumption.



Selective Flushing

Two quips come to mind during droughts, "If it's yellow, let it mellow," and "In the land of sun and fun, we do not flush for number one."

Sounds gross to some, uncouth and otherwise just disgusting, but is it really? Urine is essentially water, some salts: urea, creatinine, chloride, and potassium and traces of drugs you might be taking. For the most part, urine is "fairly sterile," there is some bacteria in it, but generally it's "good" bacteria.

It's fairly odorless as well, unless you've eaten a serving of asparagus, might be pink if you've eaten fresh beets. Generally speaking it will not build up color in the toilet bowl when you limit the flushing to the second line of the quip, "If it's brown, flush it down."

Why this info about bodily functions? You'll save gallons of water each day. A standard toilet uses about 1.6 gallons of water per flush, with older commodes, even more. So if you flush five times a day/night that's 8 gallons of water going down the drain. 56 gallons per week, or roughly 2900 gallons a year. That's a lot of wasted water.

Keep a jug of vinegar in your bathroom and after the necessary flush put a cup of vinegar in the bowl. It will keep it clean and odors down. Chlorine, reacts with urine and produces a potent odor so its best to avoid. Consider this water saving method to help during this drought.

We Welcome

Earlier this month, a list was published of “new members” in *Mutual One Matters*, the problem was that the editor used last month’s roster and missed a few folks, listing people who had moved out, rather than those who moved in. Here’s a corrected list:

- 1 L **Marilu Tiro**
- 5 E **Scott Whitcombe**
- 21 B **Alfonso Gonzalez**
- 30 D **Michael & Denise Stabile**
- 45 K **Cynthia Malizia**
- 46 G **Robert & Madeline Carleton**
- 46 L **Bonnie Schmoll**
- 50 G **Janet Johnson**
- 53 B **Jacqueline Singer**
- 57 I **Terry & Curtis Starner**
- 62 A **Jennifer Jones**

Board Meeting

Your Board of Directors meets the fourth Thursday of the month, at 9:00 a.m. in Conference Room A of the main Administration Building. Shareholders are invited to make comments during the first 15 minutes of each session. The next Board Meeting is July 22.

Annual Shareholder’s Meeting

Tuesday, August 10

Club House 4

(at the North end of Saint Andrews)

10:00 AM

Is it really that difficult?

This section’s lead question is in regard to throwing away those items you no longer need responsibly. Can we try just a little bit more to “do our bit?” Please be mindful of the dumpster area. The white bin is for recyclables: plastic bottles, cans, aluminum, and paper: newspapers, magazines, business papers and corrugated cardboard boxes.

“Knock down” your corrugated boxes so that they fit flat in the recycling bins. Too often folks just drop boxes in whole, this fills the bins and makes it impossible for others to properly dispose of items.

Large junk, i.e. furniture, old fans, pillows etc. should be disposed at the “mini-farm” area where you will find large roll-off containers that will accommodate these items. The mini-farm area is on Nassau Drive, at the end of Oak Hills Road in the far corner of LW, adjacent to Mutual 9.

General waste from kitchen, bathrooms, and household such as Kleenex, cleaning pads, vacuum bags and such should be disposed in the green trash containers. Garden debris can also be placed in these containers.



This photo shows an abandoned headboard that should have been taken to the dumpsters on Nassau Drive, the white recycling bin was filled with general debris which should have been placed in the green dumpsters.

When rubbish is thrown away without regard, all shareholders pay the cost (\$45/incident) to remove these items to their proper sites. Our trash removal fees will increase due to the careless and thoughtless actions of a few people.



“On Your Own”

The Emergency Preparedness Guide will soon be available to all residents, in the *Community Guide* and is expected next month.

Should a crisis occur, you are “on your own.” Neither the GRF nor Mutual 1 is responsible for your well-being in the event of a catastrophic event. It is important for you to make the necessary preparations for you and your pet. Do you have the supplies to contain your pet, to provide water and food, and to identify your animal should it get lost?

Visible Auto Registration

Car covers are permitted in Mutual One, but you must have the license plate and GRF registration decals visible.

These cars have properly adjusted their covers to accommodate this requirement.

Cars parked in the carports without visible registration information will be issued citations for the violation. As Security may not lift car covers, the citations will be issued to the registered shareholder of the carport space.

Special Smoking Cessation Classes to be Offered

This past year, Mutual One has initiated a program to become a “No Smoking” mutual. Current smokers must stay in their units to smoke as smoking in the common areas and on porches is now prohibited.

Help is on the way for those who wish to stop smoking. The Memorial Care Todd Cancer Institute at Long Beach Medical Center will be offering the American Lung Association’s virtual “**Freedom from Smoking**” Program.

The program offers eight group-style virtual meetings and features a step by step plan to help you to stop smoking. Each session will be monitored by an Oncology Nurse and a Respiratory Care specialist.

The program begins **Wednesday, Sep. 19** and follows each **Wednesday through October 27**.

All sessions will be held via **ZOOM**, from 4-5:30 PM. **It’s free!** There is no cost to participate, once registered you will receive a handbook that you can pick up or will be mailed to you.

To register contact: Nurse Navigator: **Kathryn Campuzano** at 562-480-7747 or e-mail her at: **kcampuzano@memorialcare.org**.

Tobacco use is the

#1

cause of preventable death in the United States.



Photo by Pawel Czerwinski on Unsplash

Factoid: Life expectancy for lifetime smokers is at least 10 years shorter than for non-smokers.



From a distance he looked like an owl, but in fact is a double crested cormorant.



A True Animal Rescue

The poor fellow was stranded for at least two days, perched at the pond’s end at the golf course. Golfers passed him by, some venturing a close safe distance, but the bird didn’t take off. It was obvious on Sunday evening that he was stressed.

To the rescue: Mutual One Board member **Jill Brennan** who is quite experienced in collecting wild birds that are caught up in fishing line, with broken wings, or otherwise in need of assistance.

Armed with her 2-foot diameter net, Jill scooped the fellow from behind, immediately securing his hooked beak shut and wrapping him in a cloth. She was especially careful of his beak as the bird can stretch his neck a good 13 inches and quickly clamp down. This she knows from experience.

She then transferred him into her “pet carrier” and transported him to the **Wetlands & Wildlife Care Center** in Huntington Beach. There he will undergo a complete evaluation and with hope recover.

The **double-crested cormorant** is a goose-sized waterbird native to North America. Adults are black or grayish-black and about three feet long with a wingspan of four and a half feet with a hooked bill and powerful webbed feet they use for swimming underwater. An adult can weigh about five pounds.

Jill estimated this bird to be severely underweight for his age and size, he seemed only a pound and a half. She believes him to be a two-year old juvenile, perhaps not yet ready to be on his own. Double-crested cormorants are protected under the Migratory Bird Treaty Act.