

Curbing Global Warming

We're doing our "little bit" to stop Global warming. In a recent issue of *Science* magazine, Swiss scientists reported that global warming could be reversed by planting a trillion trees. We've recently planted 30...it's a start.

Thomas Crowther, a climate change ecologist at the Swiss Federal Institute of Technology in Zurich, says that this is the "cheapest climate change solution" and the most effective. The reason is that trees remove carbon dioxide from the air, and young trees are more efficient in this process.

Planting trees will not stop folks from spewing carbon dioxide into the atmosphere by burning coal, gas and oil but it will make our little space a bit cleaner and will provide additional oxygen to our community. Trees also curb other harmful gases, such as sulfur dioxide and carbon monoxide, again releasing pure oxygen into the air.

As the trees mature they will provide shade and cooling, thus they will reduce our need for air conditioning. Trees as well, provide an aesthetic that is ever evolving.

We planted over a dozen species including tipu, magnolia, red bud, golden rain, willow, Drake elm, and podocarpus.



J & J Landscapers prepare to plant tree.

Mutual One

Issue Number 3 October 2019

Matters

An occasional newsletter for Shareholders of Mutual 1 in Leisure World, Seal Beach, CA



Over 170 residents attended the Town Hall Meeting in September at Clubhouse 1.

Packed House at Town Hall

Mutual one residents were eager to participate in the September Town Hall whereat they heard from Board Members about some of plans for the upcoming year: improvements and expansions of the Mutual 1 website, an overview of landscaping initiatives, the calendar for our annual fire inspections, and an invitation to become more involved in the governance of the Mutual. In addition to the formal presentation, members were invited to "sign up" to volunteer for various committees. Your board is hoping that you will volunteer some of your time to get involved in your community.

There's still opportunities to participate: **Landscape**, call the Helpline, choose Line 1 and leave a message for **Eileen Merritt**. **Policy Review**, call the Helpline, Line 3 and leave a message for **Denise Potterton**. She's looking for help with reviewing all of our policies. Many need to be reworked to better align with our By-laws and with the rules, regulations, and policies of the Golden Rain Foundation.

Interested in **parking and auto restrictions**? There's an opportunity to work on those areas as well, that committee is charged with examining viable alternatives and recommendations for consideration.

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What expertise do you have? **Finance, Physical Properties, Communications?** We could use your assistance.

One special area of interest and development is the establishment of **Community Liaisons**, folks who like to visit their neighbors, welcome newcomers, and provide informational assistance. We are hoping to establish a network of liaisons, one for each “green space quad” and each “alley.” Years ago we had “building captains” but often that structure was weak in that folks don’t necessarily know who lives on the other side of their building, but generally socialize and get to know those who are along side and across the way.

At the conclusion of the meeting members enjoyed refreshments of pizza, cookies, and water. That too allowed folks the opportunity to socialize a bit and meet some of their neighbors.

We encourage you to come to our next Town Hall, who knows what surprise might present itself.



Attendees enjoyed refreshments of pizza, cookies, and water and the opportunity to chat with one another.



Residents listen with interest to the various presentations during the September Town Hall Meeting at Club House 1.

Meet your new neighbors

In August and September 10 units were sold in Mutual 1.

Please welcome:

9-B Norma Halverson & Debra Whitaker

17-B Ban Vu

27-C Sonja Coello

27-L Cathy Roth

31-H Yand Kim

37-G Yoon Sang Chung

42-C Margie Ashley

67-L Zheng Zhu Li & Cheng Tai

69-H Debbie Martin

70-C Aecha Lee

Board Member George Tous reports that sales are continuing to be strong in October with several New Buyer Orientations scheduled.

Helpline
(562) 804-8718
Security
(562) 594-4754
Service Maintenance
(562) 431-3548

Sewer re-lining progressing



For the past several months work has progressed on the sewer re-line project. We have completed buildings 1 through 21 and building 40. Buildings 22 through 39 are next. It takes about one week to complete each building. But sometimes issues develop that must be addressed and the progress slows.

When work begins on your building, you may see the Plumbers on the roof, it is from there that they can survey and video inspect the pipe connections, they also send a video camera down the main sewer line to assess the condition of the pipes before running the liner. The day that the liner is pulled, absolutely **NO WATER** can be used. The Plumbers will notify you a few days in advance; the day of the water turn-off all spigots, sinks, and toilets are taped off to remind you to not use the water. **No water can go down the drains!** If you use water on those days, you will delay and damage the project and you will be responsible for repairs, time delays, and change orders which can run into the thousands of dollars.

The morning the water is scheduled for shut off, Plumbers will need access to your unit to turn the water off. They will drain your fixtures and tape toilet closed.

When repairs are complete the Plumbers will need to access your unit to turn the water back on and restore your drains. In some cases, Plumbers may need to access your unit the following day to reinspect the drains.

If you return home and water is still off, please contact Plumbers before using the drains. You do not need to stay home. If you're not at home the Mutual Building Inspector or Security will enter your unit with the Plumber if access isn't given.

Traffic Control

The speed limit in Leisure World is 25 miles per hour, just as it is in all business and residential districts unless otherwise posted according to the California Department of Vehicles code.

Drivers should be mindful that beginning this month Seal Beach Police will be patrolling our streets and enforcing the law. If you exceed the 25 MPH limit, you may receive a ticket.

An 8-sided red STOP sign indicates that you must make a



full "STOP" whenever you see this sign. Stop at the white limit line (a wide white line painted on the street) or before entering the crosswalk. If a limit line or crosswalk is not painted on the street, stop before entering the intersection. Check traffic in all directions before proceeding.



Mutual 1 has new inspector

Rich Stolarz has been an employee of Leisure World for over 30 years, working in the Physical Properties Department as a master plumber. Rich began his training in the trades at the age of eight, when he and his best buddy helped their dads who both owned small businesses.

Upon completion from high school he began his career with the City of Long Beach, Public Works Department and then landed a position with Leisure World.

While employed here he continued his training with numerous classes and successfully completed the contractor's licensing exam. We are delighted to have him here in Mutual 1. Rich is married and has two children, both sophomores: his daughter at university and his son in high school.

A crosswalk is the part of the roadway set aside for pedestrian traffic. When required to stop because of a sign or signal, you must stop before the stop line, crosswalk, stop sign, or signal. You must yield to pedestrians entering or in a crosswalk. Not all crosswalks are marked. If there is a stop line before the crosswalk, the stop line must be obeyed first. Pedestrians have the right-of-way in marked or unmarked crosswalks.

Food options plentiful in our location at Leisure World.

It's not difficult to "eat healthy" though as we age we sometimes just don't have the gumption or energy to go food shopping. Lucky for us there are plenty of food options available from some on-site choices offered by local restaurateurs to delivery programs.

On varying Mondays, local restaurants, **Naples Rib Company**, **Fin Bar's Italian** and **Home Town Buffet** offer meals at Club House 1, menus and dates vary so check the *LW News*. On Tuesday's you can take advantage of **Koffel's** taco truck which offers Taco Tuesday specials and a whole array of other Mexican inspired dishes as well as hamburgers, salads, and pastrami. The Koffel's truck is here daily during the lunch hour as well at the Amphitheater parking lot. Thursdays **Domino's** pizza offers individual sized pizza at Club House 6.

Residents can also take advantage of **Meals on Wheels** which delivers prepared meals right to your door five days a week M-F at \$41.25/week (562-439-5000), or **SeniorServ** at \$5.25 per day M-F (714)-823-3294.

Grocery Delivery:

Instacart will deliver groceries for an annual fee of \$99 or each time you call on them.

Amazon Fresh is available to Prime members, featuring offerings from their **Whole Foods** stores, you can also take advantage of their monthly subscription fee.

Vons offers a simple ordering system through the internet with special promotions throughout the year.

Ralphs, **Walmart**, and **Target** too offer both convenient pick up shopping or delivery right to your door.

If you love fruits and vegetables and want to help with community sustainable agriculture (CSA) consider **Farm Fresh**, which too will deliver right to your door, with seasonal veggies you select from as little as \$26 a box.

Meal Kit Delivery:

If you enjoy cooking consider a meal kit system which provides all the necessary ingredients to prepare home cooked meals with pre-portioned ingredients, recipes, and step by step instructions.

These Meal Kit Delivery systems all operate in our area with starting prices per serving:

- Blue Apron**-\$9.99
- Hello Fresh**-\$8.99
- Green Chef**-\$11.99
- Home Chef**-\$7.99
- Purple Carrot**-\$11.99
- Plated**-\$11.95



Board Meeting

Your Board of Directors meets the fourth Thursday of the month, at 9:00 AM in Conference Room B of the Administration Building. You are welcome to attend. Shareholders are invited to make comments during the first 15 minutes of each session. The next Board Meeting is October 24.

Protect Yourself During Earthquakes!

IF POSSIBLE



USING CANE



USING WALKER



USING WHEELCHAIR



EarthquakeCountry.org/step5

Emergency Preparedness

Emergency Information Council Chair, Kathy Almeida reminds you that Thursday, October 17 at 10:17 in the morning in the National Shakeout Drill.

It's time to drop, cover and hold on. Remember! Each shareholder/resident is responsible for being prepared for any disaster.

Residents are encouraged to have bottled water, non-perishable food stuffs, and emergency supplies and medications.

Do you have a "to go" bag with your essentials, medicines and emergency contact numbers etc.?

For information on suggested items to have on hand you can request a copy of "Are You Ready for an Emergency Disaster?" from your Mutual One Board member. It is also posted on our website. Remember too your pets, do you have enough water and food for them for a few days? It is best to be prepared before disaster strikes.

October 17 at 10:17